



APPLICATION INSTRUCTION SHEET POSEY® RESTRAINT NET

Applicable Products:
Cat. No. 8115

DESCRIPTION OF PRODUCT: A full body restraint for total immobilization in a supine position. For bed application only.

CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.

INDICATIONS:

- These products are to be used on patients assessed as being in extreme danger of injury to themselves or to others.

CONTRAINDICATIONS:

Contraindications include, but are not limited to the following conditions:

- Aggressive, combative, restless, or suicidal patients should not be put into a restrictive product unless they will receive constant monitoring.
- Patients with Ostomy, Colostomy, G-Tubes, Hernias, severe Cardio Obstructive Pulmonary Disease (COPD), or those with post-surgery incisions that might be compromised by the pressure from a restrictive product.
- Patients with dislocations, fractures or open wounds, if the securing straps will adversely effect wound care.

ADVERSE REACTIONS:

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

Laundering Instructions:

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:

Close the hook and loop closure before washing to prevent lint buildup. Use stiff brush to remove lint buildup from normal use. Test for secure hold before each use.

Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE

We welcome your suggestions for improving our products or service:

Posey Co.
 5635 Peck Road
 Arcadia, CA 91006 USA
 Tel: 1-800-44-POSEY
 Fax: 1-626-443-5014
 www.posey.com

⚠ WARNING

Straps should always be snug, but not interfere with breathing. You should be able to slide your open hand (flat) between the device and the patient. Loose straps, or siderails with wide gaps, may allow the patient's body or limbs to fit over, under, around, through, or between siderails in bed, and become suspended in the restraint, resulting in chest compression and suffocation.



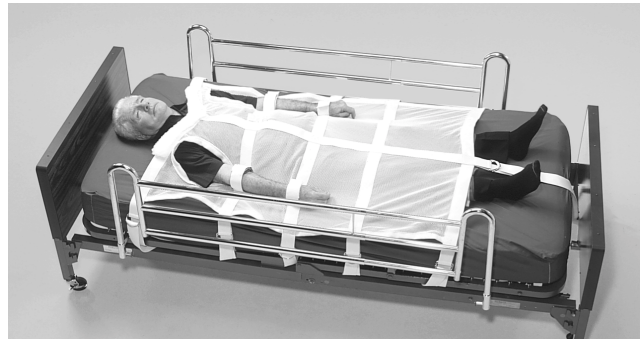
⚠ WARNING

- Patients wearing this product must be monitored constantly. They should never be left alone or unobserved. Often these patients are psychotic and/or suicidal, and must receive intensive supervision. If left alone they could do themselves or others serious injury.

All siderails **MUST** be in the up position when using restraints in bed.

After applying a restrictive product, always monitor appropriately per facility policy to make sure the patient is not able to slide down, or fall off the mattress. Make sure straps are secured at a juncture of the frame and will not slide in any direction, changing position of device. If necessary, use a siderail cover, especially with split siderails, to prevent the patient's body from going under, around, through or between the siderails. If their body becomes suspended off the mattress, chest compression and suffocation could result. Restraints with pelvic pieces may be necessary to reduce sliding down or pulling the restraint off over their head.

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.



APPLICATION INSTRUCTIONS: (For bed use only)

1. Spread the net with the neck and shoulder openings toward the head of the bed. See photo above.
2. Attach one side of the net to the movable part of the bed spring frame by securing each of the four (4) cross straps using the D-ring fasteners. Wrap the end of the strap around the movable part of the bed spring frame, then pass the strap through the D-ring and pull the strap tight. Excess strap may be cut off at a 45 degree angle, or tied in a slip knot to hold it off the floor. If a slip knot is used, be sure the strap releases through the D-ring with one quick pull. **DO NOT** tie a knot in case the patient must be released in an emergency. Make sure slip knot and/or D-ring is out of the patient's reach.
3. Place the patient on the bed, face up, using the side where the net is not yet secured to the bed. Insert the patient's arms through the arm holes in the net and rest the arms on the bed parallel to the patient's body. Place the patient's ankles (or calf for larger patients) in the bottom restraints. This is a double security fastener. The fuzzy "pile" side of the strap wraps around the limb, and adheres "sandwiched" between the two "hook" pieces. The red hook and pile will fit most ankles, and the blue hook and pile will be used on larger calves.
4. Attach the remaining four cross-straps to the other side of the bed using the method described in number 2.
5. Attach the end-strap to the spring frame at the foot of the bed using the D-ring. The excess strap may be cut at a 45 degree angle, or tied in a slip knot as described in number 2. Be sure this strap is snug to prevent the net from riding up around the neck if the patient tries to slide down.
6. Lay the patient's left arm on the two vertical restraint straps. (see figure 1) Secure the upper arm by wrapping the fuzzy "pile" strap around the arm, and securing it "sandwiched" between the two "hook" straps. The red straps will fit smaller arms, and the blue straps will fit larger arms.
7. Repeat the steps for securing the right arm using instruction 6.

The patient is now secure under the net with arms secured resting on top of the net parallel to the body. All of the straps must be secured to the movable part of the bed frame. Do NOT leave excess slack in the straps. This may allow the patient to partially escape, become entangled under the loose strap, and possibly suffocate and die. **NEVER LEAVE PATIENTS UNSUPERVISED.**

Straps should always be snug, but not interfere with breathing. You should be able to slide your open hand (flat) between the device and the patient. Make sure straps are secured at a juncture of the frame and will not slide in any direction, changing position of device.

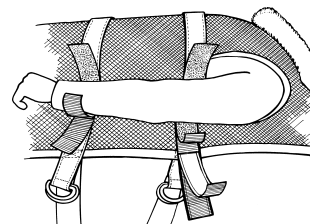


Fig. 1