



APPLICATION INSTRUCTION SHEET POSEY® T-A-T LEG HOBBLE

Applicable Products:
Cat. No. 2801

DESCRIPTION OF PRODUCT: Twice-As-Tough (TAT) Leg Hobbler with Locking Cuffs.

CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.

INDICATIONS:

- To limit the wearer's leg movement by securing ankles with connecting locking cuffs.

CONTRAINDICATIONS:

Contraindications include, but are not limited to the following conditions:

- Do not use limb restraints on patients with dislocations, fractures or open wounds on the affected limb.
- Do not use limb restraints if the I.V. site could be compromised.
- Aggressive, combative, restless, or suicidal patients should not be put into a restrictive product unless they will receive constant monitoring.
- This device is not designed for use by self-abusive wearer. It does not totally restrict hand use or movement.

ADVERSE REACTIONS:

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

⚠ WARNING

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

If this device is applied too tightly, circulation will be impaired; if too loose, the patient may be able to slip his/her limb from the device. Check circulation frequently and monitor for skin discoloration.

Individuals wearing this product are at risk of injury from falls or harm from others and must be under constant supervision for their own protection, and to insure they do not remove the product or use a foreign object to open or break the lock.

Laundering Instructions:

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:

Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup.

DO NOT PUT STAINLESS STEEL BUCKLES THROUGH A WATER EXTRACTOR! It crushes the buckle. For maximum life, launder in a laundry bag.

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE

We welcome your suggestions for improving our products or service:

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Fig. 1

APPLICATION INSTRUCTIONS

1. Position the cuffs behind the patient.
2. The connecting strap with label "FRONT" should be visible from in front of the patient (see figure 1).
3. Wrap the smooth neoprene piece around the ankle (see figure 2).
4. Sandwich the neoprene piece with fuzzy material between the two pieces of rough hook (see figure 2). Be sure to overlap at least one inch. Press the hook and loop material together firmly.
5. Pass the end of the short strap over the top of the cuff and through the lock.
6. Pull the strap through the buckle, making sure the lock snaps shut and will not open without the key.
7. Repeat on other ankle.

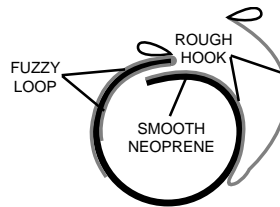


Fig. 2

Posey Keylock
Counterclockwise
TO OPEN

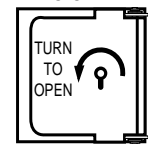


Fig. 3

NOTE: Make sure the lock "clicks" shut when closing. If the lock is not completely closed, it can open without the key. Test the lock before leaving the patient to be sure it is locked correctly. Always have keys readily available to all staff members in the event of an emergency. Straps may also be cut with scissors, if needed. Universal Posey keys fit all Posey locks interchangeably. Turn the key COUNTERCLOCKWISE when OPENING to avoid jamming (See figure 3). When completed, you should be able to pass one finger between the device and the ankle. Always secure both ankles and hands to prevent the patient from releasing him/herself.