



APPLICATION INSTRUCTION SHEET POSEY® LIMB HOLDERS

Applicable Products:
Cat. No. 2532, 2551

DESCRIPTION OF PRODUCT: A soft restraint for limiting limb movement.

CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.

INDICATIONS:

- Patients who continually disrupt life-saving treatment (e.g., chronic tube-pulling which breaks the integrity of an IV line or self-extubation).

- When a patient's pulling lines prevents the healthcare professional from adequately monitoring the vital signs of the patient.

- When a patient's picking, pulling, scratching or peeling exacerbates a skin condition, causes self-injury, or disrupts wound site integrity.

CONTRAINDICATIONS:

Contraindications include, but are not limited to the following conditions:

- Do not use on the patient who is suicidal, highly aggressive and/or combative, who strikes and endangers himself and/or others. See Posey catalog for more suitable products.

- Do not use limb restraints on patients with dislocations, fractures or open wounds on the affected limb.

- Do not use limb restraints if the I.V. site could be compromised.

ADVERSE REACTIONS:

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

WARNING

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

If this device is applied too tightly, circulation will be impaired; If too loose, the patient may be able to slip his/her limb from the device. Check circulation frequently and monitor for skin discoloration.

SAFETY CONSIDERATIONS:

Do not attach the limb holder in a way that the patient may use his/her teeth to remove the device or inflict self-injury. Additional body restraint (fifth point) may be required to prevent the patient from moving the line/wound/ tube site to within access of his/her hands. Refer to Posey Psychiatric and Emergency Dept. Product Book, Part No. M1031.) Always secure strap at a frame juncture which will not allow the straps to slide in any direction, changing the position of the product.

Laundering Instructions:

Cat. No.'s 2531 and 2532.



Cat. 2550, 2551 were designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids.



Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

Fasten all buckles to minimize damage during wash and dry cycle.

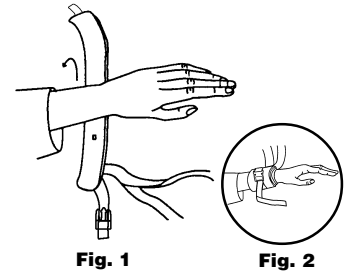
Inspect buckles regularly and discard if cracked. Do not put buckles through extractors.

The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup.



APPLICATION INSTRUCTIONS:

1. Attach the strap with the female end of the quick-release buckle to the movable portion of the bed. Ensure that the strap is outside the patient's reach.
2. Wrap the limb holder cuff around the wrist so the slide harness and connecting strap is on the ulnar side of the wrist (figure 1).
3. Secure with hook and loop tab.
4. Close the quick-release buckle and adjust the strap (figure 2). Pull the strap snug, but not so tight as to compromise circulation. You should be able to easily insert one finger between the device and the patient's limb.
5. To help protect the quick-release buckle from breakage, wrap the connecting strap from the cuff once around the movable part of the bed frame before attaching the buckle (figure 3).
6. Insert the male end of the quick-release buckle from the strap into the female end of the quick-release buckle from the strap secured to the bed. Ensure connection is secure by listening for a "snapping" sound when connecting male and female ends. Pull firmly on straps to verify a secure connection.



CAUTION:

Remove the strap with the female end from the bed after each use. Ensure that the strap with the female end is only used with the limb holder with which it was packaged. Do not reuse plastic quick release buckles, and do not mix male & female ends from different products. Buckles are molded to fit as a single unit, and may not fit securely if interchanged with other buckles.

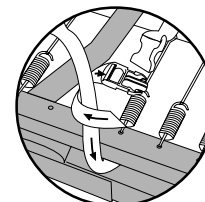


Fig. 3

Posey Limb Holders
Cat. No. 2532 – Quick-Release Limb Holders, Single strap with quick release connecting strap
Cat. No. 2551 – Quick-Release Quilted Limb Holders, Single strap with quick release connecting strap

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE

We welcome your suggestions for improving our products or service:



Posey Co.
5635 Peck Road
Arcadia, CA 91006 USA
Tel: 1-800-44-POSEY
Fax: 1-626-443-5014
www.posey.com