



APPLICATION INSTRUCTION SHEET POSEY® CONNECTED TWICE-AS-TOUGH CUFF

Applicable Products:
Cat. No. 2794, 2795, 2796, 2797

DESCRIPTION OF PRODUCT: Very secure, padded limb restraints with double hook & loop closure. Models available for stretcher or bed application.

CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.

INDICATIONS:

- Patients who continually disrupt life-saving treatment (e.g., chronic tube-pulling which breaks the integrity of an IV line or self-extubation).
- When a patient's pulling lines prevents the healthcare professional from adequately monitoring the vital signs of the patient.
- When a patient's picking, pulling, scratching or peeling exacerbates a skin condition, causes self-injury, or disrupts wound site integrity.

CONTRAINDICATIONS:

- Contraindications include, but are not limited to the following conditions:
- Do not use limb restraints on patients with dislocations, fractures or open wounds on the affected limb.
 - Do not use limb restraints if the I.V. site could be compromised.
 - Aggressive, combative, restless, or suicidal patients should not be put into a restrictive product unless they will receive constant monitoring.

ADVERSE REACTIONS:

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

WARNING

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

If this device is applied too tightly, circulation will be impaired; If too loose, the patient may be able to slip his/her limb from the device. Check circulation frequently and monitor for skin discoloration.

SAFETY CONSIDERATIONS:

Do not attach the limb holder in a way that the patient may use his/her teeth to remove the device or inflict self-injury. Additional body restraint (fifth point) may be required to prevent the patient from moving the line/wound/tube site to within access of his/her hands. Refer to Posey Psychiatric and Emergency Dept. Product Book, Part No. M1031.) Always secure strap at a frame juncture which will not allow the straps to slide in any direction, changing the position of the product.

Laundering Instructions:

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:

Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup.

DO NOT PUT STAINLESS STEEL BUCKLES THROUGH A WATER EXTRACTOR! It crushes the buckle. For maximum life, launder in a laundry bag.

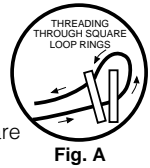


APPLICATION INSTRUCTIONS

The color of the cuff liner designates "wrist" or "ankle" application—blue cuffs are "wrist" and red cuffs are "ankle".

CONNECTED WRIST/ANKLE W/ SQUARE LOOP RINGS - STRETCHER Models 2796, 2797.

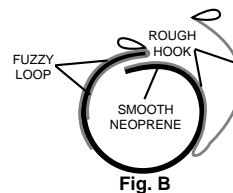
- 1) Place the cuffs in the correct anatomical position on the stretcher.
- 2) Place the ends of the straps to the inside of the siderails so the straps do not interfere when siderails are raised. Secure the strap under the stretcher by pulling the strap through both square rings and then passing it back between the first and second ring. (See figure A.) Pull the strap snug.
- 3) Position the patient on the stretcher and secure the cuffs as noted under figure B below.



CONNECTED WRIST/ANKLE W/ KEY LOCK - BED Models 2794, 2795

- 1) Place the cuffs in the correct anatomical position on the bed.
- 2) Place the ends of the straps to the inside of the siderails and attach them to the moveable part of the bed frame. The end of the strap threads over the top of the frame, around the frame and back through the lock. Pull the strap snug and close the buckle making sure the lock "clicks" shut and will not open. Use the same procedure for both sides.
- 3) Position the patient on the bed and secure the cuffs as noted under figure B below.

NOTE: Make sure the lock "clicks" shut when closing. If the lock is not completely closed, it can open without the key. Test the lock before leaving the patient to be sure it is locked correctly. Always have keys readily available to all staff members in the event of an emergency. Straps may also be cut with scissors in an emergency. Universal Posey keys fit all Posey locks interchangeably. Turn the key COUNTERCLOCKWISE when OPENING to avoid jamming. (See figure C.)



TO APPLY CUFF:

- 1) Wrap the smooth neoprene piece (blue or red side against the skin) around the wrist/ankle. See figure B for steps 1 and 2.
- 2) Sandwich the neoprene piece with fuzzy material between the two pieces of rough hook. (See figure B.) Be sure to overlap at least one inch. Press the hook and loop material together firmly.
- 3) Pass the end of the short strap over the top of the cuff and through the two square rings on the cuff. Bring the strap back over the first ring and through the second ring. (See figure A.)

NOTE: When completed, you should be able to pass one finger between the device and the wrist/ankle. Always secure both hands to prevent the patient from releasing him/herself.

Cuff liner is made of neoprene. Straps are polypropylene and nylon.
Cat. No. 2794 Connected Wrist - Bed, pair, keylock (blue)
Cat. No. 2795 Connected Ankle - Bed, pair, keylock (red)
Cat. No. 2796 Connected Wrist - Stretcher, pair, (blue)
Cat. No. 2797 Connected Ankle - Stretcher, pair, (red)

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE

We welcome your suggestions for improving our products or service:



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