



# APPLICATION INSTRUCTION SHEET POSEY® BODY BLANKET

Applicable Products:  
Cat. No. 8116

**DESCRIPTION OF PRODUCT:** Full body envelope of heavy cotton duck.

**CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.**

**INDICATIONS:**

- For patients in extreme danger of injury to themselves or to others.
- For short distance transport.

**CONTRAINDICATIONS:**

Contraindications include, but are not limited to the following conditions:

- Patients with Ostomy, Colostomy, G-Tubes, Hernias, severe Cardio Obstructive Pulmonary Disease (COPD), or those with post-surgery incisions that might be compromised by the pressure from a restrictive product.
- Aggressive, combative, restless, or suicidal patients should not be put into a restrictive product unless they will receive constant monitoring.
- Patients with dislocations, fractures or open wounds, if the securing straps will adversely effect wound care.

**ADVERSE REACTIONS:**

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

**⚠ WARNING**

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

- Patients wearing this product must be monitored constantly. They should never be left alone or unobserved. Often these patients are psychotic and/or suicidal, and must receive intensive supervision. If left alone they could do themselves or others serious injury.

- Always use the proper size product. Products that are too small or large compromise patient comfort and safety and should not be used.

**Laundering Instructions:**

WASH LUKEWARM NO BLEACH DRY LOW

Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup.



The Posey Body Blanket should be used to subdue a violent patient who is in immediate danger of harming themselves or others. Only persons trained and qualified by the facility to intervene with violent and combative patients should use this product during a take down. The facility policy should be followed regarding when and how physical intervention should be attempted.

**APPLICATION INSTRUCTIONS:**

1. Orient the Body Blanket so the hook and loop is vertical and the soft loop is towards the patient.
2. Wrap the Body Blanket around the patient, keeping their arms to their sides. The hook and loop may be positioned in either the front or back of the patient.
3. Firmly fasten the hook and loop to secure the Blanket around the patient. Be sure the wrap is tight enough to prevent the patient from raising their arms and/or kicking their legs, but not tight enough to impair circulation. The Body Blanket should be snug, but not interfere with breathing. You should be able to slide your open hand (flat) between the device and the patient.

Use the handles to gently lower the patient to the ground or to transport to a safe location.

Cat. No. 8116 Posey Body Blanket  
 Sizes: Small measures 44" Tall x 52" Wide  
 Large measures 58 1/2" Tall x 63" Wide

We welcome your suggestions for improving our products or service:



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**ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE**