



# APPLICATION INSTRUCTION SHEET POSEY® PEEK-A-BOO MITT

Applicable Products:  
Cat. No. 2811

**DESCRIPTION OF PRODUCT:** A double padded mitt to hinder picking and tube pulling. It also provides a secured opening to allow the hand/fingers to be viewed without removing the mitt from the patient.

**CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE OR USE BY OR ON ORDER OF A PHYSICIAN.**

**INDICATIONS:**

- Patients who continually disrupt life-saving treatment (e.g., chronic tube-pulling which breaks the integrity of an IV line or self-extubation).
- When a patient's pulling lines prevents the healthcare professional from adequately monitoring the vital signs of the patient.
- When a patient's picking, pulling, scratching or peeling exacerbates a skin condition, causes self-injury, or disrupts wound site integrity.
- If range of motion must be limited to hinder picking or tube pulling, select a Posey mitt supplied with a connecting strap.

**CONTRAINDICATIONS:**

Contraindications include, but are not limited to the following conditions:

- Do not use Posey Mitts on patients with dislocations, fractures or open wounds on the affected limb.
- Do not use Posey Mitts if the I.V. site could be compromised.
- Do not use on the patient who is suicidal, highly aggressive and/or combative, who strikes and endangers himself and/or others. See Posey catalog for more suitable products.

**ADVERSE REACTIONS:**

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

**⚠ WARNING**

If this device is applied too tightly, circulation will be impaired; If too loose, the patient may be able to slip his/her limb from the device. Check circulation frequently and monitor for skin discoloration.

Do not attach the Posey Mitt in a way that the patient may use his/her teeth to remove the device or inflict self-injury. Additional body restraint (fifth point) may be required to prevent the patient from moving the line/wound/ tube site to within access of his/her hands. Refer to Posey Psychiatric and Emergency Dept. Product Book, Part No. M1031.) Always secure strap at a frame juncture which will not allow the straps to slide in any direction, changing the position of the product.

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

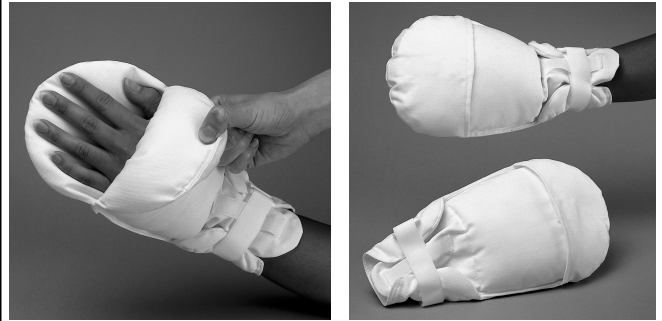
**Laundering Instructions:**

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:

Lower temperature washing and drying cycle for non-contaminated linen will prolong product life.

The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup.

Inspect buckles regularly and discard if cracked. Do not put buckles through extractors.



**APPLICATION INSTRUCTIONS:**

1. Slide the patient's hand into the mitt, palm down. When the inspection flap is open, the back of the hand should show (see photo above).
2. Use the hook and loop strap at the smallest part of the wrist by bringing it through the plastic buckle and back on to itself. Press down firmly to secure.

**CAUTION:** Over-tightening will compromise circulation. Leave enough room to easily insert one finger between the device and the patient's limb.

3. To view hand/fingers, reach under the inspection flap, detach the hook and loop closure and peel the flap back to expose the hand. When closing, tuck the flap over end of the mitt and press the hook and loop closure together firmly.
4. This mitt is not designed for use with a connecting strap to limit range of motion. See product list below for other Posey Mitts designed with a connecting strap.

The following Posey Mitts are designed with a connecting strap:

- Cat. No. 2814; Double Security Mitt
- Cat. No. 2815; Open End Finger Control Mitt
- Cat. No. 2816; Closed End Finger Control Mitt
- Cat. No. 2819; Double Padded, Double Security Mitt

Other Posey Mitts without connecting straps:  
Cat. No. 2817 EZ-On Mitt

We welcome your suggestions for improving our products or service:



**Posey Co.**  
5635 Peck Road  
Arcadia, CA 91006 USA  
Tel: 1-800-44-POSEY  
Fax: 1-626-443-5014  
www.posey.com

**ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE**