# APPLICATION INSTRUCTION SHEET POSEY® SECURE MITT

Applicable Products: Cat. No. 2813

**DESCRIPTION OF PRODUCT:** A padded mitt with finger separators and wrist cuff.

### CAUTION: FEDERAL LAW (USA) RESTRICTS THIS Device to sale or use by or on order of a Physician.

#### INDICATIONS:

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- Patients who continually disrupt lifesaving treatment (e.g., chronic tubepulling which breaks the integrity of an IV line or self-extubation).

- When a patient's pulling lines prevents the healthcare professional from adequately monitoring the vital signs of the patient.

- When a patient's picking, pulling, scratching or peeling exacerbates a skin condition, causes self-injury, or disrupts wound site integrity.

### CONTRAINDICATIONS:

Contraindications include, but are not limited to the following conditions:

- Do not use Posey Mitts on patients with dislocations, fractures or open wounds on the affected limb.

- Do not use Posey Mitts if the I.V. site could be compromised.

- Do not use on the patient who is suicidal, highly aggressive and/or combative, who strikes and endangers himself and/or others. See Posey catalog for more suitable products.

We welcome your suggestions for improving

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our products or service:

**ADVERSE REACTIONS:** 

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

## **A**WARNING

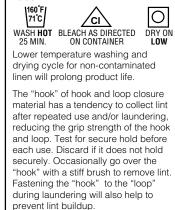
If this device is applied too tightly, circulation will be impaired; If too loose, the patient may be able to slip his/her limb from the device. Check circulation frequently and monitor for skin discoloration.

Do not attach the Posey Mitt in a way that the patient may use his/her teeth to remove the device or inflict selfinjury. Additional body restraint (fifth point) may be required to prevent the patient from moving the line/wound/ tube site to within access of his/her hands. Refer to Posey Psychiatric and Emergency Dept. Product Book, Part No. M1031.) Always secure strap at a frame juncture which will not allow the straps to slide in any direction, changing the position of the product.

A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

### Laundering Instructions:

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:



Fasten all buckles to minimize damage during wash and dry cycle.

Inspect buckles regularly and discard if cracked. Do not put buckles through extractors.

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE



## **APPLICATION INSTRUCTIONS:**

- 1. Open the wrist cuff attachment on the mitt by releasing the quick release buckle and hook and loop closure.
- 2. Insert the patient's hand into the mitt, separating the fingers so they fit in each finger slot.
- 3. Close the padded cuff around the wrist and secure with the hook and loop fasteners.

CAUTION: Overtightening will compromise circulation. Leave enough room to easily insert one finger between the device and the patient's limb. Remove mitt to check circulation at regular intervals.

4. Pull the mesh flap of the mitt down over the wrist cuff and secure the quick release buckle. Adjust strap so it is snug but will not impair circulation.

Cat. No. 2813 - Posey Secure Mitts