



APPLICATION INSTRUCTION SHEET POSEY® SELF-RELEASING ROLL BELT

Applicable Products:
Cat. No. 1135

DESCRIPTION OF PRODUCT: Self releasing cotton belt with quick-release buckle. For bed application only.

INDICATIONS:

- Patients who are assessed to be at risk of a fall which could result in injury.

If the patient/resident is not able to easily self-release this product, it would be considered a restraint and therefore must be prescribed by a physician.

CONTRAINDICATIONS:

Contraindications include, but are not limited to the following conditions:

- Aggressive, combative, restless, or suicidal patients.

- This is not a restrictive product, and may be easily self-released by the patient. Patients who cannot safely ambulate without assistance, or those at risk for a fall or re-injury should not use this product.

- Patients with ostomy, colostomy, G-Tubes, Hernias, severe Cardio Obstructive Pulmonary Disease (COPD), those with post-surgery incisions that might be compromised by the pressure from a restrictive product, or those with monitoring equipment, tubes or lines that might be compromised by rubbing against a restraint.

- Discontinue use immediately if the patient is able to slide forward or down underneath the device. They could slide far enough under the device to become suspended, resulting in chest compression and suffocation. Posey products with a pelvic piece are designed to help prevent sliding. Products without a pelvic piece between the legs will not hinder sliding as effectively. See your Posey catalog for other more suitable products to help prevent sliding.

The Posey catalog offers "self-release" and "assisted-release" products and the doctor's order must specify exactly which product is required.

ADVERSE REACTIONS:

Severe emotional, psychological, and physical problems may occur if a patient's movement is severely limited. The patient may become restless or agitated if the device is uncomfortable or severely limits movement. Request assistance from a qualified medical authority for an alternative product or intervention.

⚠ WARNING

Straps must always be snug, but not interfere with breathing. You should be able to slide your open hand (flat) between the device and the patient. Make sure straps do not slide in any direction, changing position of device.

⚠ WARNING

All siderails **MUST** be in the up position when using restraints. If necessary, use a siderail cover, especially with split siderails, to prevent the patient's body from going under, around, through or between the siderails.

After applying a restrictive product, always monitor appropriately per facility policy to make sure the patient is not able to slide down, or fall off the mattress. Make sure straps are secured at a juncture of the frame and will not slide in any direction, changing position of device. If necessary, use a siderail cover, especially with split siderails, to prevent the patient's body from going under, around, through or between the siderails. If their body becomes suspended off the mattress, chest compression and suffocation could result. Restraints with pelvic pieces may be necessary to reduce sliding down or pulling the restraint off over their head.



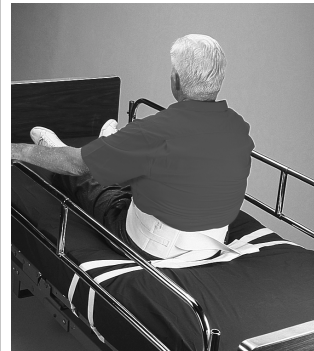
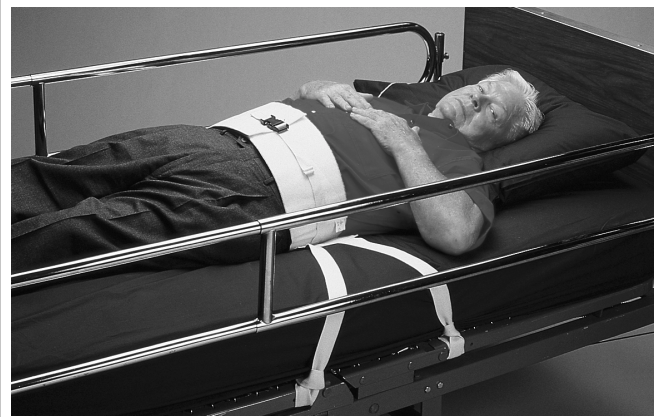
A patient in a supine position who cannot sit up requires extra vigilance. Should the patient vomit, he/she could aspirate his/her vomitus and suffocate. Monitor constantly and be prepared to intervene at the first sign of danger.

Laundering Instructions:

This product was designed to be washed under CDC recommendations for linen soiled with blood or bodily fluids:



Lower temperature washing and drying cycle for non-contaminated linen will prolong product life. Fasten all buckles to minimize damage during wash and dry cycle. The "hook" of hook and loop closure material has a tendency to collect lint after repeated use and/or laundering, reducing the grip strength of the hook and loop. Test for secure hold before each use. Discard if it does not hold securely. Occasionally go over the "hook" with a stiff brush to remove lint. Fastening the "hook" to the "loop" during laundering will also help to prevent lint buildup. Inspect buckles regularly and discard if cracked. Do not put buckles through extractors.



APPLICATION INSTRUCTIONS:

- 1) Position the belt on the center of the bed at patient's waist level, laying it flat with the waist band facing up. The hook fastening section should be located on the patient's right side with the long straps hanging off both sides of the bed.
- 2) Attach each of the two long straps on either side to the moveable part of the bed frame using quick release ties. Make sure straps are secured at a juncture of the frame and will not slide in any direction, changing position of device.
- 3) Lay the patient down on his/her back with the belt positioned under the patient at waist level.
- 4) Secure the belt using the hook and loop fastener. The belt should be snug, but should not interfere with breathing. You should be able to slide flat palm of hand between the belt and the patient.
- 5) Secure the strap using the quick-release buckle and pull the strap snug.

Cat. No 1135 Posey Self-Releasing Roll Belt
Universal size. Natural Cotton with quick-release buckles

**ADDITIONAL SAFETY
INSTRUCTIONS ON
OTHER SIDE**

We welcome your suggestions for improving our products or service:



Posey Co.
5635 Peck Road
Arcadia, CA 91006 USA
Tel: 1-800-44-POSEY
Fax: 1-626-443-5014
www.posey.com